



# Parent's Night Out

Why scramble for a sitter when you can bring your bundles of energy to the Club for a fun-filled Friday night. Now's your chance to check out the restaurant you've heard so much about... catch a movie... hang out with friends... or just have a quiet night in - while the kids are enjoying a fun-filled evening of games, maze, karaoke, sports, swimming and more!

PNO is available for children ages 3 - 12\*. After dividing the children according to age, our enthusiastic and experienced staff will make sure that everyone has loads of laughs, plays hard, and gets a great workout! All activities are age-appropriate and properly monitored. Socks and shoes are required, as well as a bright happy smile. Members can sign up by sending an e-mail to Melody Nation or call the DUC at 501-225-3601, ext. 335.

Please note, the DUC does not accept drop-ins for PNO. All participants must be pre-registered.

**Time:** 6:00 - 10:30 pm

**2017 Dates:** March 31, May 19, August 25, October 27, December 15

<b>Fees:</b>	<b>1st Child</b>	<b>Siblings</b>
Kids' Club	\$20	\$18
LRAC Member	\$22	\$20
Non-Members	\$24	\$22

\*All children must be FULLY potty trained.


**Little Rock Athletic Club**  
 Down Under Center  
 4610 Sam Peck Road | Little Rock, AR 72223  
 501.225.3601, ext. 335