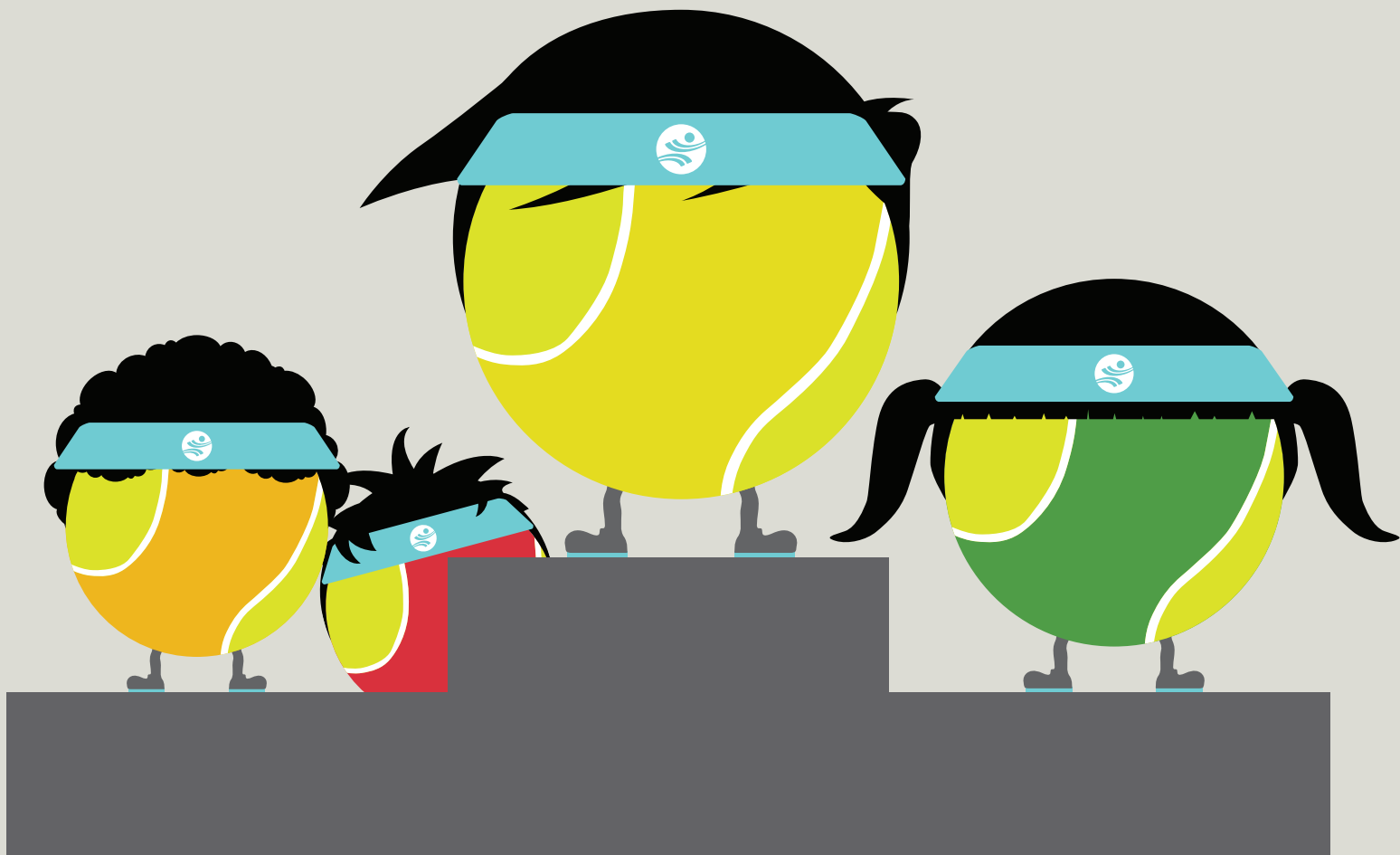


2019 Spring Tennis Academy



The Athletic Clubs'
Tennis Academy

<http://www.lrac.com/tennis/junior-academy>

Little Rock Athletic Club | 501-225-3600

Little Rock Racquet Club | 501-225-5711

play on

Now kids 12 and under can compete like the big kids because the smaller courts, slower balls and appropriate sized rackets let them learn fast.

LEVELS

Tennis Tots

The goal of Tennis Tots is inspiring young children in a fun and nurturing atmosphere and teaching them developmentally sound and age appropriate physical skills (including coordination, balance, agility, reaction, jumping, skipping, throwing, catching, tracking, handling the racquet and hitting). Group size is limited to 6 students per instructor and parent participation is encouraged.

Age Guideline: 3 - 4

Class Length: 45 minutes

Red Ball

From the moment they step on the 36 foot court, kids learn the physical skills necessary to rally the ball and play the game of tennis, including coordination, balance, agility, reaction, jumping, skipping, throwing, catching, tracking, handling the racquet and hitting with biomechanically sound technique. Both introductory and more advanced classes are offered. Class size is limited to 6 students per instructor.

- **Stars:** This class is designed for beginning players. Stars spend a large percentage of their time learning the physical skills necessary to play tennis. They also participate in competitive games and limited point play.

Age Guideline: 4 - 6

Class Length: 60 minutes

- **Aces 2:** Aces 2, our older beginning players, follow a similar progression as Stars.
- **Age Guideline:** 6 - 8 **Class Length:** 60 minutes
- **Aces 1:** Aces 1 are children who have developed the basic skills taught in Stars and/or Aces 2. Students work more on technical stroke production, movement and point play. They also are introduced to match play. Many of these students would benefit from playing USTA team tennis and tournaments.

Age Guideline: 5 - 8

Class Length: 60 minutes

- **Squad (by invitation only):** Students in Squad have a good grasp of the strokes, positioning and rules required for competition and match play. In drilling and match play, the focus is on consistency, placement, movement and more advanced stroke technique. Tactics and strategy are introduced. These students are encouraged to play USTA team tennis and tournaments.

Age Guideline: 5 - 8

Class Length: 60 minutes

Orange Ball

Playing on a 60 foot court, kids hone their skills and stroke technique. Both introductory and more advanced classes are offered. Class size is limited to 6 students per instructor.

Age Guideline: 9 - 10

Class Length: 60 minutes

- **Orange Ball 2:** This class is designed for beginning players. Players work on the physical skills necessary to play tennis as well as stroke biomechanics, consistency and movement. They also participate in competitive games and point play.
- **Orange Ball 1:** This class is for players who have developed the basic skills taught in Orange Ball 2. Students work more on technical stroke production and point play. They also are introduced to match play and taught basic tactics and strategy. Many of these students would benefit from playing USTA team tennis and tournaments.
- **Squad (by invitation only):** Students in Squad have a solid foundation in the stroke technique, positioning and rules required for competition and match play. In drilling and match play, the focus is on consistency, placement, movement and more advanced stroke technique. More advanced tactics and strategy are taught. These students typically play USTA team tennis and tournaments.

Green Ball (1 and 2)

Green Ball 2 is designed for pre-teen and teenage beginning players or those recreational players moving from orange ball. Now on a full size court, players work on the physical skills necessary to play tennis as well as stroke biomechanics, consistency and movement. They also participate in competitive games and point play. Class size is limited to 6 students per instructor. Green Ball 1 students are typically tournament players.

Age Guideline: 11 - 13

Class Length: 60 minutes

Yellow Ball

This class is for players who have developed the basic skills taught in Green Ball. Students work more on technical stroke production and point play. They also are introduced to match play and taught basic tactics and strategy. Many of these students would benefit from playing USTA team tennis and tournaments. Class size is limited to 6 students per instructor.

Age Guideline: 12+

Class Length: 60 minutes

QUESTIONS?

Please contact Will Campbell, 501-551-0997/will2campb@aol.com at the LRRC or Mary Bowen, 501-680-4030/queenhasie@gmail.com at the LRAC.

SPRING 2019 CLINIC OPTIONS

(MONDAY, MARCH 25 - SUNDAY, JUNE 2)

LITTLE ROCK ATHLETIC CLUB						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:30 am - 12:30 pm						RB
2:45 - 3:30 pm		TT		TT		
4:00 - 5:00 pm	RB Aces 2 RB Aces 1 OB 2 GB 1	RB Stars RB Aces 2 RB Aces 1 OB 2 OB 1	RB Stars RB Aces 2 RB Aces 1 OB 1 GB 1	RB Aces 2 RB Aces 1 OB 1 GB 1 YB 2		
5:00 - 6:00 pm	RB Stars RB Aces 2 RB Aces 1 GB 1 YB 1	RB Aces 2 RB Squad OB 2 GB 1 YB 1	RB Aces 2 RB Aces 1 OB 2 OB Squad YB 1	RB Stars RB Aces 2 RB Aces 1 GB 1 YB 2 YB 1		

LITTLE ROCK RACQUET CLUB						
	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
11:00 am - 12:00 pm				TT		
3:00 - 4:00 pm	RB Stars RB Aces 2 RB Aces 1	RB Stars RB Aces 2 RB Aces 1 RB Squad	RB Stars RB Aces 1 RB Squad	RB Stars RB Aces 1 OB 2 OB 1		OB 2 OB 1
4:00 - 5:00 pm			OB 2 OB 1	RB Stars RB Squad	OB 2 OB 1	
5:00 - 6:00 pm					TT RB Stars RB Aces 2 RB Aces 1	

The Tennis Academy reserves the right to change class type, day, time and/or coach as needed. [Please see the back for the registration fee explanation.](#)



OUR EXPECTATIONS

Like dance lessons and sports seasons, you are making a commitment to spend the entire session with us when you join the Tennis Academy. Our goal is to teach your child to play tennis - great tennis if they're willing to work hard. In order for that to happen, we need to see his/her happy face here - regularly and often.

If you absolutely must drop mid-session, **we must be notified by the 15th of the month** via a text to Mary or Will (see numbers below) to avoid being charged for the following month. For families that have paid in full for the session, we will refund the equivalent of installment payments still remaining in the session.

REGISTRATION FEE

We charge a \$25 registration fee for enrollment/re-enrollment into the Academy. This fee will be waived if you contact us about your preferred schedule and provide a payment source by 5:00 pm on Wednesday, March 13. If you register but do not attend classes the first month, you will be charged for the month and dropped from the Academy.

SESSION FEES

SPRING 2019 March 25 - June 2	Attend 1 Clinic per Week for 10 weeks*	Attend 2 Clinics per Week for 10 weeks*	Attend 3 Clinics per Week for 10 weeks*	Attend 4 Clinics per Week for 10 weeks*
45 Minute Lesson (Tennis Tots)	\$170	\$323	N/A	N/A
60 Minute Lesson (RB, OB, GB, YB)	\$200	\$380	\$550	\$710

*Saturday and Monday students will only be charged for 9 weeks.

*Sunday students will only be charged for 8 weeks.

SESSION FEE FORMULA

The session fees are built on the following base pricing:

45 minute lessons - \$17 per day
60 minute lessons - \$20 per day

The 2nd, 3rd and 4th day fees are discounted 10, 15 and 20 percent respectively.

HOLIDAY

Lessons WILL NOT be held Sunday, April 21 (Easter) and Saturday - Monday, May 25 - 27 (Memorial Day Weekend).

PAYMENT OPTIONS

The session fee may be paid upfront **or in installments**. If paying in installments, a draft source is required and charges will occur on the 12th of the month. Fees are prorated for those who join mid-session.

FOR MORE INFORMATION

Please contact the appropriate tennis professional:

Little Rock Athletic Club
Mary Bowen, 501-680-4030

Little Rock Racquet Club
Will Campbell, 501-551-0997

