

PERSONAL TRAINING FEES

Effective May 8, 2019

| | Tier 1 | Tier 2 | Tier 3 | With Physical Therapist |
|-------------------|---|--|--|---|
| 30 MINUTES | | | | |
| 1 person | \$25 | \$35 | \$45 | \$50 |
| 2 people | \$20 each | \$25 each | \$30 each | \$35 |
| 3 people | \$15.83 each | \$19.17 each | \$22.50 each | \$25 |
| 4 people | \$13.75 each | \$16.25 each | \$18.75 each | N/A |
| 45 MINUTES | | | | |
| 1 person | \$35 | \$45 | \$55 | \$75 |
| 2 people | \$25 each | \$30 each | \$35 each | \$48 |
| 3 people | \$19.17 each | \$22.50 each | \$25.83 each | \$35 |
| 4 people | \$16.25 each | \$18.75 each | \$21.25 each | N/A |
| 60 MINUTES | | | | |
| 1 person | \$45 | \$55 | \$65 | \$100 |
| 2 people | \$30 each | \$35 each | \$40 each | \$60 |
| 3 people | \$22.50 each | \$25.83 each | \$29.17 each | \$45 |
| 4 people | \$18.75 each | \$21.25 each | \$23.75 each | N/A |
| PROVIDERS | | | | |
| | Jake Ellis Destanee Hall Morgan Moore | Susan Brown Tyler Lathan Ted Riedeberg | Anna Bolte Sheffield Duke Justin Earnest Michael Glenn Eric Godwin Brad Hamilton Joey Lamb Beverly Lindberg Steven Nauman Brittney Patty Lorie Kimes Scott Dena Sherman JD Stephenson Jeff Witherington | Sarah Olney, PT, DPT Martha Plaster, PT, DPT |

Non-members will be charged a \$6 guest fee (plus applicable sales tax) per session.

Please check in at the Front Desk 10 minutes early.

Cancellations must be made 24 hours before your session to avoid being charged.

For personal training contact Lisa at lcooper@lrac.com.

For Physical Therapy call 501-225-3601 (ext. 224) or email physicaltherapy@lrac.com.